



WORKING WITH CLIENTS IN STEPFAMILY RELATIONSHIPS

MAY 3-4, 2019

CHESTNUT HILL COLLEGE

PHILADELPHIA, PA

Understanding and Treating Stepfamilies

Understanding and Treating Stepfamilies

Estimates are that 42% of Americans have a close stepfamily relationship. Nonetheless, few helping professionals receive the training needed to understand and work with the unique strengths, challenges, and vulnerabilities of “blended families.” Furthermore, the available training too often fails to consider the implications of stepfamily diversity (in class, race, ethnicity, and sexuality, for instance) for both psychoeducation and clinical treatment.

This two-day workshop offers clear models for creating healthy, thriving stepfamily relationships and frameworks for therapeutic intervention illustrated by **live clinical demonstrations**. The training provides you with practical recommendations for working with diverse stepfamilies, introduces a research-validated group education program that enhances stepfamily success and well-being and gives you an overview of the evidence base behind all of this.

This training is useful for therapists, guidance counselors, mediators, divorce coaches, family lawyers, pediatricians, family physicians, nurse practitioners, and others who work with structurally complex families.

This unique workshop is presented by four of the leading stepfamily experts in the U.S. Clinicians Dr. Scott Browning and Dr. Patricia Papernow are co-recipients of the 2017 Distinguished Contribution to Family Psychology Award from the American Psychological Association. Dr. Francesca Adler-Baeder is Director of the National Stepfamily Resource Center. She and Dr. Brad van Eeden-Moorefield are recognized stepfamily scholars and family life educators.

How to register:

<https://mell-base.uce.auburn.edu/wconnect/CourseStatus.awp?&course=C190503C&Publish=ANYWAY>

or email Teresa Wagoner: teresa@auburn.edu



WORKING WITH CLIENTS IN STEPFAMILY RELATIONSHIPS

THE DETAILS

Location: Chestnut Hill College, in a lovely section of Philadelphia.

The Commonwealth Chateau at SugarLoaf
9220 Germantown Ave, Philadelphia, PA 19118

Price: \$ 300
Price includes 2 full days of training, evening community presentation; lunch and afternoon snacks.

Discounted rate for PACFP members: \$ 250
Discounted rate for Graduate students: \$ 150

Lodging:

Hampton Inn Plymouth Meeting: 2055 Chemical Rd., Plymouth Meeting PA 19462

Chestnut Hill Hotel: 8229 Germantown Ave., Philadelphia PA 19118

FEATURING

Scott Browning, Ph.D., ABPD
Patricia Papernow, Ph. D.
Brad van Eeden-Moorefield, Ph.D.
Francesca Adler-Baeder, Ph.D.

Continuing Education credit for this event is sponsored by The Institute for Continuing Education. CE credit is offered for the professional disciplines of: Psychology (APA); social work (ASWB provider 1007); drug-alcohol (NAADAC provider 00243). The program offers 11.5 contact total (5.5 Friday and 6.0 Saturday), with full day attendance required. CE applications will be available on site. There is no additional fee for CE credit. Questions regarding CE credit, please contact The Institute for Continuing Education at: instconted@aol.com.

Skill Level: Introductory, Intermediate., and Advanced. **ADA:** If you have special needs, contact Teresa Wagoner at (334) 844-3238.



National Stepfamily Resource Center



CHESTNUT HILL COLLEGE



ALABAMA HEALTHY MARRIAGE & RELATIONSHIP EDUCATION INITIATIVE

ABOUT OUR PRESENTERS



Dr. Scott Browning has taught at Chestnut Hill College in Pennsylvania since 1987. His primary areas of interest include: family therapy, the diverse family, stepfamilies, empathy and special needs children. He has published articles and book chapters on various topics. Most recently, Scott co-edited a book with Dr. Kay Pasley entitled, *Contemporary Families: Translating Research into Practice*. Dr. Browning is a recognized stepfamily expert and has appeared on Primetime Live and NPR. He is on the Expert Council of the National Stepfamily Resource Center. Dr. Browning was the recipient of the Lindback Award for Distinguished Teaching in 2003. He is the co-author of *Stepfamily Therapy: A 10-Step Clinical Approach*. Dr. Browning has conducted clinical trainings on treating stepfamilies, using the Created Stepfamily system for live demonstrations, throughout the United States and Italy.



Patricia Papernow, Ed.D., is an internationally recognized authority on stepfamilies. She is the recipient with Dr. Browning of the 2017 APA Division 43 award for Distinguished Contribution to Family Psychology. Patricia is known as a skilled and engaging presenter. She has been interviewed on television and radio programs throughout the U.S. and Canada, and is a member of the Expert Council of the National Stepfamily Resource Center. Her book *Surviving and Thriving in Stepfamily Relationships: What Works and What Doesn't* is, along with Dr. Browning's book, is one of only two clinical books about stepfamilies written in the last two decades. She is the author of numerous articles and book chapters as well as a new book with co-parenting coach Karen Bonnell for those who are coupling with kids on board, *From Dating, to Getting Serious, to Forming a "Blended Family."* Patricia's web site is www.stepfamilyrelationships.com



Dr. Brad van Eeden-Moorefield is an Associate Professor in the Department of Family & Child Studies and Director of the Ph.D. Program in Family Studies at Montclair State University. His research includes a strong commitment to understanding and strengthening marginalized families, with his most recent work focused on stepfamilies headed by same-sex couples. Much of this research focuses on identifying how factors in the social world (e.g., stigma, stereotypes, policy) influence everyday family life and how both impact various indicators of individual (e.g., depression, happiness) and family well-being (stability), and has been featured in *Time* and the *Huffington Post*. Dr. van Eeden-Moorefield has provided training to various family and childcare practitioners and uses his previous clinical experiences to translate research into practice and practice into research.



Dr. Francesca Adler-Baeder is Professor in Human Development and Family Studies at Auburn University in Alabama. Her research focuses on the promotion of interpersonal competence and family resilience among more complex families and features applied work examining the effectiveness of psycho-education for more diverse populations of youth and families. She established the National Stepfamily Resource Center, a clearinghouse of research-based information on stepfamilies and served as content advisor for the NIH-funded online program, *Stepparenting Toolkit*. She is also the developer of *Smart Steps for Stepfamilies*, a family life education program, and has trained thousands of professionals in its use and has conducted numerous research studies that validate its effectiveness with stepfamilies from a wide range of ethnic, socio-economic, and racial backgrounds as well as a range of distress levels.